

## Schools & Families Department



## Visit Information for Teachers

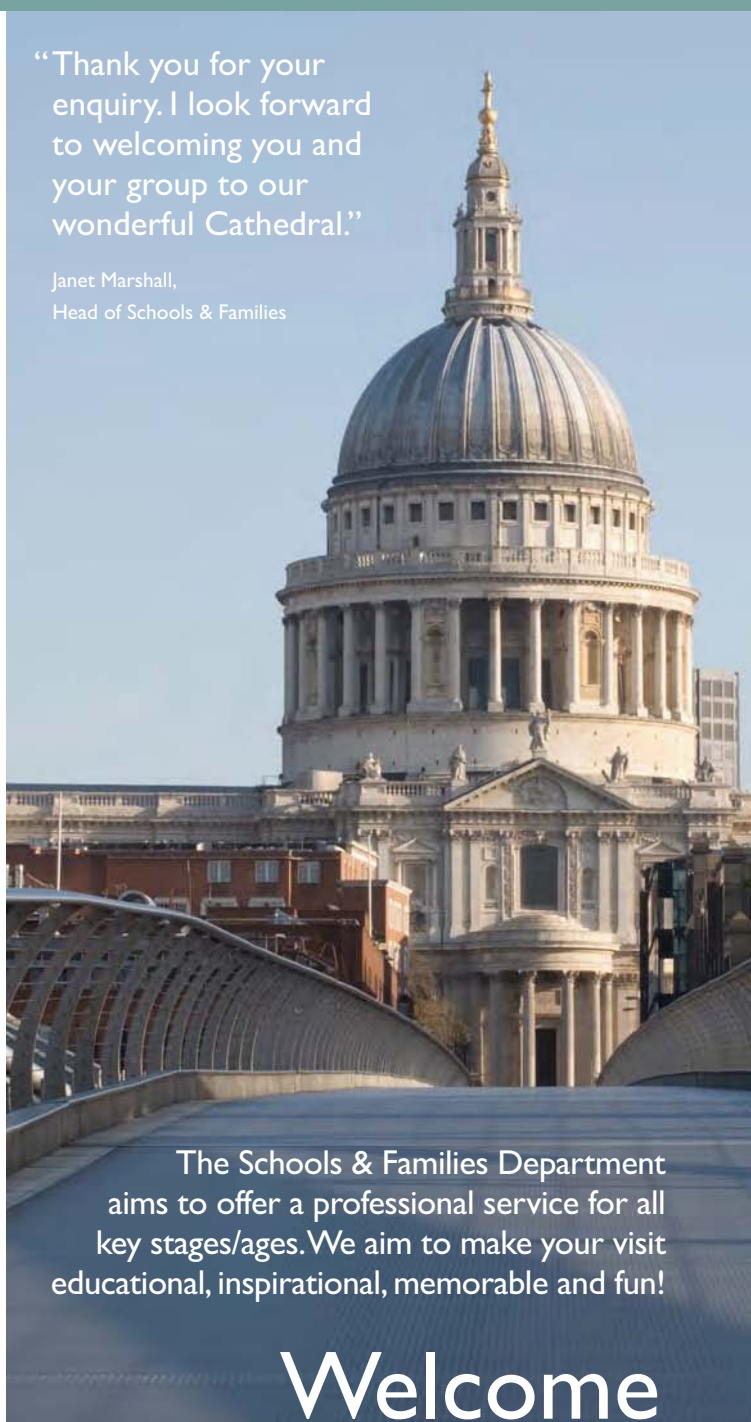
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“Thank you for your enquiry. I look forward to welcoming you and your group to our wonderful Cathedral.”

Janet Marshall,  
Head of Schools & Families



The Schools & Families Department aims to offer a professional service for all key stages/ages. We aim to make your visit educational, inspirational, memorable and fun!

# Welcome

# Introduction



So many activities!



Discover worship!



Bring your history alive



Janet Marshall, B.Ed.  
Head of Schools & Families

We welcome hundreds of schools, community groups and families from across the UK each year. Visits are led by our trained Schools Assistants and volunteer guides. All our visit programmes and workshops link with National Curriculum units of study, particularly R.E./Cultural & Spiritual Development History, R.S. exam syllabi.

## Excellent Facilities

Our purpose built classroom, cloakroom and facilities are situated in the Crypt.

## Quality Assurance

We will ensure that your group gets the very best from a visit to this wonderful place of Christian prayer and worship. We hope this booklet will be useful to you as you plan your visit.

The Cathedral is an extremely famous and busy place, in fact it is often described as 'the Nation's Church'. It is also the 'Mother Church' for the Diocese of London, the seat of the Bishop of London and as such is a centre of prayer and worship for the people of the city and its surrounding boroughs. It is also used as a venue for concerts, productions and celebrations of all kinds.

## Most of all it is your cathedral!

So we want you to have a great time here. It is therefore vital that you plan your visit carefully. We will help you with this, but booking (preferably well in advance) is essential.

## Lunches and Refreshments

We may be able to provide classroom space for morning groups to eat packed lunches, although this cannot be guaranteed. You may however eat lunches in the Crypt, on the bench seats there. **Please indicate on your booking form if you wish to have lunch here.** There is also a café in the Crypt but you

must inform them in advance if you wish to take a class sized group in there. It does tend to get very busy and may therefore be unsuitable for larger groups.

I hope that you will find all the answers to your questions in this booklet. Please take time to read it carefully – you may be surprised by the range of things you can do here! Our visits span many curriculum areas.

Please contact us if you have any questions. We are continually updating our service and welcome comments and suggestions. Please look at our website [www.stpauls.co.uk/education](http://www.stpauls.co.uk/education) for latest news and information.

## Who will deal with your booking enquiry?

Your first point of contact when you telephone or email the department is Mrs Jean Fletcher, Schools & Families Department Administrator. She will assist you with setting an appropriate date and advise you on all aspects of your booking.

I am also available to discuss your visit requirements, so do get in touch! There are lots of themed visits to choose from, some of them new so do have a good look and maybe try some thing different this year if you've been here before?

I look forward to hearing from you!

 JANET MARSHALL

# Quick Guide to Themed Visits for Schools

The following table indicates which key stages our themed visits/workshops are suitable for. It also shows cross-curricular links. More detailed outlines of curriculum links are set out in the pages ahead.

NAME OF VISIT	KS3	KS4	KS5	R.E./R.S.	HISTORY	ART	CITIZENSHIP	ENGLISH	BUSINESS STUDIES	SOCIAL STUDIES	GEOGRAPHY	PHILOSOPHY & ETHICS
World of Worship	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗	✗	✗
Christianity thro' Art & design	✓	✓	✓	✓	✓	✓	✗	✗	✗	✗	✗	✗
Is the Bible a Relevant Book for Today?	✓	✓	✓	✓	✓	✗	✓	✗	✗	✗	✗	✓
The Big Issues	✓	✓	✓	✓	✗	✗	✓	✓	✗	✓	✗	✓
'Jesus' – Fact or Fiction For Today's Society?	✓	✓	✓	✓	✓	✓	✗	✗	✗	✓	✗	✓
'Give me Some Space!' - Do we need Holy Places? A look at pilgrimage to places of religious significance including St Paul's as a place of solitude/prayer and pilgrimage.	✓	✓	✓	✓	✓	✓	✓	✗	✗	✓	✓	✗
St Paul's – Its Role in a Diverse Society	✓	✓	✓	✓	✓	✗	✓	✗	✓	✓	✓	✗
Whose Business is it?	✓	✓	✓	✓	✓	✗	✓	✗	✓	✓	✓	✗
Cathedral at War – the Blitz WW I I	✓	✓	✓	✓	✓	✗	✗	✗	✗	✗	✗	✗
Medieval Life, Faith and Worship	✓	✓	✓	✓	✓	✓	✗	✗	✗	✓	✗	✗



With grateful thanks to Graham Laccdao, whose photographs feature in this brochure.



# Booking a Visit

## Initial enquiries

Please telephone the Schools & Families Department or email the Department Administrator as soon as you have a date in mind, to check availability:

**St Paul's Cathedral  
Schools & Families  
Department**  
**Telephone: 020 7246 8353**  
**Fax: 020 7246 8327**  
**jean@stpaulscathedral.org.uk**

Below: **The Oculus film room** in the Crypt. You may wish to visit this after your guided visit.

## Getting started...

You can make a preliminary booking at this initial enquiry stage. This will be pencilled into the diary. You will be sent a booking form which must be completed as soon as possible and returned to us. **Dates are in great demand, so if we have not received your form within two weeks (during term time) the booking will be cancelled automatically.**

## Confirmation

When we have received your booking form, you will receive a letter from us confirming all the details. **You will be invoiced according to the information given on the booking form and we do ask for payment in advance please.** You will also receive a map, a 'School Pass' to present at the Crypt till when you arrive, and any other materials that you have requested on your booking form.

## Payment

Please see enclosed price list.

You will be sent an invoice with your booking confirmation. Please arrange for payment to be made as soon as possible. **Cheques should be made payable to 'Dean and Chapter'.**

## Cancellations

Should you need to cancel your booking, **please let us know as soon as possible**, even if you have only made a preliminary booking. Cancellations of guided visits must be made **at least four weeks before the visit**, otherwise we regret that full payment will be required.



# Themed, Experiential Visits and Workshops

All our learning experiences are linked to your Secondary Curriculum Guidelines and Local Agreed Syllabi for R.E./Non-Statutory National Framework for R.E./R.S. & other exam syllabi.



R.E.



Art and Design



The Environment



The Dome Altar

The Schools & Families Department offers a wide range of **themed, experiential, guided visits**. The following pages outline exactly what is on offer. Our visit programmes link with:

- History
- Social studies
- Business Studies
- Citizenship
- R.E. & R.S.
- GCSE/A level/Diploma courses
- Art and Design
- Others – please tell us if there is a topic you'd like to link with!
- Philosophy and Ethics
- Geography

## Everyone's included!

All our visits are **'adaptable'** for any age group within KS3,4, 5 & SEN school/units.

We are always happy to work with schools/groups to link in with any cross-curricular **teaching areas**. Do give us a call to discuss your requirements.

## Workshops

Themed visits may often be combined with activity workshops. The following workshops are available:

- Design and make a glass tile mosaic
- Design your own symbol and make a badge
- Christianity through Art – paintings, sculptures and Icons
- Special Christmas and Easter activities – ask for information
- Big Issues discussion workshops and debates
- Exploring Christian artefacts and other objects

All our learning experiences are linked to the **Secondary Curriculum** and Local Agreed Syllabi for R.E./Non-Statutory Framework **and for R.E./R.S. GCSE/A Level/Dip. exam syllabi**.

**Full details may be found in this booklet.**

## World of Worship at St Paul's

This is also available as a shorter, guided trail 'The Basics' which lasts for 40 minutes. and you may also opt for a workshop afterwards. See price list.

60  
MINUTES

SUITABLE FOR  
KS3

SUITABLE FOR  
KS4

SUITABLE FOR  
KS5

SUITABLE FOR  
SEN

### AIM OF THE VISIT:

To bring the Cathedral alive to your children as a living, working community of prayer and worship. It aims to enhance your teaching of National Framework R.E./local syllabi units on: practices and ways of life in religions, worship, beliefs, symbols and religious expression, inspirational figures, sacred places, teachings and authority, the journey of life and sacred occasions for believers.

### DURATION:

60 mins.

### KEY STAGE SUITABILITY:

Ideal for KS 3 and above, especially GCSE



This experiential trail aims to enhance your R.E./R.S Christianity units. It also aims to support your spiritual, moral and cultural development teaching. Students will be invited to explore the way in which St Paul's operates in a dual role as both a living community of prayer and worship for all, and a tourist venue - 'The Nation's Church'.

*This visit will be particularly useful when making comparisons with places of worship in different Christian denominations and in other world faiths.*

There will opportunities to:

- Discover furnishings such as the Altar/Pulpit/Lectern/Font/Quire and how these are used for prayer and worship.
- Find out about the service of Holy Communion, it's importance in the daily worship routine at St Paul's and in churches around the world.
- Discover symbols that are used to represent aspects of faith for Christians.
- Think about how the building is used for rites of passage and remembrance, both for individuals and for the country as a whole.
- Explore key points in the life of Jesus as 'the key figure' in Christianity, and investigate what his incarnation means for Christians today.
- Consider how sculptures/art/statues/mosaics in the Cathedral might help Christians to focus on festivals such as: Christmas, Easter, Pentecost and on key figures such as Saints/historical heroes.
- Meet a Priest or Religious Sister (subject to availability) and find out about his/her views on aspects of faith, practice, vocation and the value of Christian beliefs in today's modern world.
- Experience a short time of reflection/silence/light a candle and think about the value of such practices in the Cathedral and in other places/daily life.



The Revd. Sarah Eynstone, Chaplain

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### OPTIONAL SIGNS AND SYMBOLS WORKSHOP

After their Cathedral experience students may wish to look in more detail at symbols in the Christian faith and create their own symbols as designs or badges in our classroom. Allow 45 minutes for this.

## Christianity through Art & Design

60  
MINUTES

SUITABLE FOR  
KS3

SUITABLE FOR  
KS4

SUITABLE FOR  
SEN

### AIM OF THE VISIT:

To discover, observe and respond to the amazing examples of art and design in the Cathedral.

### DURATION:

60 minutes.

*If you would like to add on a stained glass window design/foam mosaic design workshop in the classroom –*

allow an extra 45/50 minutes and please indicate this when you book.

Allow an extra 45 minutes afterwards if you wish to visit the Dome/Galleries.

(See price list for details).

### KEY STAGE SUITABILITY:

This is adaptable for K.S. 3,4,5.



Mother and Child by Henry Moore

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*This visit links closely with study units for Art and Design, R.E./R.S. Christianity (places of worship/key figures/symbolism) units and History.*

*Students will be led on an engaging trail through the Cathedral and Crypt. They will be encouraged to observe, handle and respond to a variety of media such as: sculpture, paintings, stained glass, mosaic patterns and specific design features/patterns.*

Students will be encouraged to focus and respond to:

- Paintings that depict Christian themes and key figures (recent, exhibited works and older exhibits such as: Holman Hunt's The Light of the World)
- Icons from the Orthodox tradition – can we really know what Jesus/St Paul/ St Mary actually looked like and does it matter?
- Ornate objects such as the Lectern, High Altar/Cross/Tijou gates and their purpose.
- Images of Jesus from different cultures/countries.
- The décor, symbolism, Biblical imagery/stories found within stained glass windows.
- Sculptures, their style, symbolism, texture, colour, materials from which they are made from (including: Henry Moore's Mother and Child, John Donne, Grinling Gibbons' Quire wood carvings, other sculptures in the Crypt, including memorials.
- Patterns and the use of space – under the Dome, Crypt floor mosaics, the Quire ceiling mosaics.
- Wren's designs – arches, pillars, dome, size and space – functionality versus beauty – what was he trying to achieve?
- Use of space for worship and prayer – does this feel like a 'holy place', what should a holy place be like?
- Questions about the purpose and impact of a building like St Paul's in today's world.
- An opportunity to be still, to reflect, sketch, make notes, light a candle.

## Is the Bible a Relevant Book for Today?

60  
MINUTES

SUITABLE FOR  
KS3

SUITABLE FOR  
KS4

SUITABLE FOR  
KS5

SUITABLE FOR  
SEN

### AIM OF THE VISIT:

*This visit links with R.E./R.S. Christianity units: beliefs and practice, key figures, where do we look for God?, Incarnation/Resurrection of Jesus, a place of worship. It also links with English, History, Philosophy & Ethics, and Citizenship. It will offer students opportunities to focus on and discuss short extracts from both the Old and New Testaments and the way in which key stories are featured in the art/furnishings within the Cathedral.*

### DURATION:

This visit lasts for 60 minutes. You may need to allow an extra 30-40 minute if you choose to meet a Priest after your Cathedral experience.

### KEY STAGE SUITABILITY:

Suitable for KS3,4 & 5



In various places around the Cathedral they will participate in activities to help them investigate :

- The Bible as a library, different versions/translations.
- Scriptures Jesus would have read in the temple – the Old Testament books.
- Poetry in the Old Testament Psalms, wisdom from the Book of Proverbs.
- The Gospel message – Jesus' birth and the beginning of his ministry, the Gospel writers.
- The Easter Story – it's depiction in the Cathedral's quarter domes mosaics and the way in which it lives on in the daily re-enactment of the Last Supper at the Cathedral's Nave Altar, through the service of Holy Communion.
- Jesus the story teller – do the messages of the parables have a place in the modern world?
- A snapshot of the letters of St Paul, Patron Saint of this Cathedral.
- The big question - can the Bible offer people a moral blueprint for how to live their lives today?
- Views on the Bible from one of the Cathedral's Priests – to an opportunity to ask questions (subject to availability).



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*Throughout this visit students experience the space, awe and wonder of the Cathedral and there will be a short time for them to be still and reflect on their thoughts and feelings within this amazing place. A great value visit that enables you to address many of your R.E./R.S. learning outcomes!*

## The Big Issues

60  
MINUTES

SUITABLE FOR  
KS3

SUITABLE FOR  
KS4

SUITABLE FOR  
KS5

SUITABLE FOR  
SEN

### AIM OF THE VISIT:

*A challenging visit programme that aims to engage students in discussion, debate and deep thinking about issues that affect us all in the C21st. This visit links closely with Philosophy and Ethics, Citizenship and RE/R.S. units.*

### DURATION:

The Cathedral trail lasts for 45 minutes

The discussion workshop afterwards lasts for 45 minutes.

Please allow an extra 45 minutes afterwards if you would like to visit the Dome and Galleries.

### KEY STAGE SUITABILITY:

This is adaptable for KS. 3,4,5. It is particularly relevant for GCSE/A. level/Diploma students.



Students begin with a guided trail around the Cathedral during which attention will be drawn to areas/objects/art etc that might relate to issues such as war, peace, remembrance, suffering, birth, morals, Biblical teaching, preaching and prayer. They will be encouraged to think about the function of the Cathedral as a place for worship, prayer, reflection and debate for Christians and those of other faiths/beliefs.

In the classroom they then have an opportunity to meet a Priest or Religious Sister; to engage in small group activities using prompt cards, images etc that relate to topic. To gain the most from this session they may wish to come along with pre-prepared questions for discussion on selected topics such as:

- Sanctity of life, euthanasia.
- Suffering and death.
- Vocation – what does it mean to be called by God as a Priest/Nun/Monk?
- Human Rights.
- Sex before marriage and homosexuality – explore Christian teaching on these issues – are such views valid in today's society?
- War – is there such a thing as a 'just war' and what do Christians/'the church' believe?
- The Cathedral as a place of prayer for peace and as a place of healing and reconciliation for those who may be struggling with such issues in their lives.

*We aim to tailor make this visit to suit your specific exam syllabus/study unit requirements, so please tell us what you would like to focus on and we will plan content accordingly. Give us a call to discuss!*

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## 'Jesus' Fact or Fiction for today's Society?

60  
MINUTES

SUITABLE FOR  
KS3

SUITABLE FOR  
KS4

SUITABLE FOR  
SEN

### AIM OF THE VISIT:

*If you are grappling with R.E. Christianity units on Jesus as the key figure, his Incarnation and Resurrection, the nature of God, the Trinity and what being a Christian is about, this visit could be just what you need! There are also links with Art and History.*

### DURATION:

The Cathedral experience lasts for 60 minutes/ Allow an extra 45 minutes for a discussion workshop.

Allow an extra 45 minutes afterwards if you would like to visit the Dome and Galleries.

### KEY STAGE SUITABILITY:

This is ideal for GCSE/A level/Diploma groups but may be adapted for the whole of K.S. 3 and 4.



Priests' vestments



Using the splendour and design of the Cathedral as a back drop, students will discover more about the person and teaching of Jesus on a guided trail around the building. They will find out how St Paul's is used daily as a place of worship for individuals and for National celebrations and reflection/remembrance

There will also be an opportunity to debate in our schools centre classroom. This might take on the following format:

- A Christian believer and a Priest/Nun give their view points about what Jesus means to them in their lives
- They talk about how they believe being a Christian impacts on modern day life
- Explore the worldwide family of Christians – why are there so many different types of churches and ways of worshipping?
- Find out what the ministry/mission of St Paul's aims to do for it's thousands of visitors and worshippers each year
- Students can ask those questions they have always wanted to ask about faith, modern day issues and how Christianity addresses them
- Do they believe someone can actually be called by God in their life?
- Why do some wear special clothes and live a disciplined life as a follower of Jesus?
- A chance to 'air their own views' and compare these with the views of others!

*Basically the floor is theirs during this discussion session, although our staff will facilitate. Please tell us in advance what you would like to gain from it and we will adapt to accommodate your specific learning outcomes.*

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## 'Give me Some Space!' Do we need Holy Places?

75  
MINUTES

SUITABLE FOR  
KS3

SUITABLE FOR  
KS4

SUITABLE FOR  
KS5

SUITABLE FOR  
SEN

**A look at pilgrimage journeys to places of religious significance, (including St Paul's) as places of solitude, prayer and pilgrimage.**

### AIM OF THE VISIT:

*This visit enables students to explore pilgrimage and will enhance your teaching of this topic area for your R.E./R.S. Christianity.* It also enables students to learn about the Cathedral as a place of worship. The subject of pilgrimage is engaging and stimulating. It lends itself to many cross curricular opportunities. There are links to Geography, History, Social Studies and Citizenship.



### DURATION:

This visit lasts for 75 minutes. Allow an extra 45 minutes afterwards if you would like to visit the Dome and Galleries.

### KEY STAGE SUITABILITY:

This is adaptable for KS 3, 4, 5



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On their arrival we invite/challenge the students to become pilgrims at St Paul's for a short while. Some might even wish to model our medieval pilgrimage leader's outfit and reveal the 'kit' needed to make a pilgrimage journey back then!

- We invite them to reflect on life as a journey and the way that a Christian views their life as a 'spiritual journey' (rites of passage).
- They explore the wide range of places of pilgrimage/shrines around the world in different faiths as well as in Christianity (e.g. Walsingham, Lourdes, Mecca, Amritsa). Why go to these places?
- Are there other types of secular pilgrimage sites that people might travel to?
- Where do they head to when they need to take some 'time out' and are such places important?
- They then go on a journey around the Cathedral thinking about different places, objects, paintings etc and how they relate to the Christian journey, the journey of St Paul's through its history and the life journey of Jesus.

*There's so much you can do with this topic... why not give it a try?*

## St Paul's – Its Role in a Diverse, Changing Society

60  
MINUTES

SUITABLE FOR  
KS3

SUITABLE FOR  
KS4

SUITABLE FOR  
KS5

SUITABLE FOR  
SEN

### AIM OF THE VISIT:

*A visit that will enable students to look in some depth at the Cathedral as a growing, developing institution, and to consider what its place is within an ever changing, developing city/society.*

*There will be opportunities for students to question/explore the ethical/moral responsibilities involved in Christian beliefs and practices. It links with many units within R.E./R.S., Philosophy and Ethics, Social Studies, History.*

### DURATION:

The Cathedral activities last for 60 minutes.

### KEY STAGE SUITABILITY:

This is adaptable for KS.3,4,5



During a guided walk around the Cathedral the following areas will be addressed:

- How did this Cathedral come to be here? – the history of the site, re-building/re-generation of a Cathedral/a city after the devastation of the Great Fire in 1666 and St Paul's' place as an icon of stability and survival during and after the W.W.2 Blitz.
- Can a lavish, enormous building really be justified as a place of worship?
- Is worship a worthwhile activity for modern people?
- Why did Sir Christopher Wren design the Dome etc the way he did and what is it symbolising for Christians/London/the country?
- Celebration and remembrance – what do we mean by 'The Nation's Church'?
- Tombs and memorials of famous people – why have them here?
- Has London changed and is the Cathedral still a part of that process?
- Do Christians/this Cathedral have a responsibility/duty to serve others?
- Eco-issues - should somewhere like St Paul's be a central pivot to encourage people to respect and care for the planet?
- Is there a place for other world faiths in a Cathedral like this one?

*Depending on availability – you may wish to ask for a 'meet a Priest' slot that will offer students the opportunity to put some of their questions regarding these issues to them as representatives of the Cathedral's Chapter (governing body).*

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## Whose Business is it?

60  
MINUTES

SUITABLE FOR  
KS3

SUITABLE FOR  
KS4

SUITABLE FOR  
KS5

SUITABLE FOR  
SEN

### AIM OF THE VISIT:

*This visit offers a unique 'dual' opportunity for students to both discover the beauty and spirituality of the Cathedral and to investigate its role as a business, a venue for corporate events and presentation of the Arts plus its function as a major employer in the city of London.*

*It links specifically with Business Studies syllabi, Citizenship, R.E./R.S. Christianity units, Social Studies and History.*

### DURATION:

This visit lasts for 60 minutes. An extra 45 minutes will be needed if Cathedral staff are to be invited along to talk to the group in a follow up classroom session.

Allow a further 45 minutes afterwards if you wish to visit the Dome and Galleries.

### KEY STAGE SUITABILITY:

This is adaptable for KS.3,4,5 - particularly GCSE/A level/Diploma groups



During a short introduction we pose the questions: 'What exactly do you perceive the Cathedral to be as an organisation/institution? For what purpose is it here?'

Students are then invited, through a guided trail, to investigate:

- What the site consists of – first they visit the Cathedral itself and see how the space, designed by Sir Christopher Wren, is used for worship.
- They look at the Crypt area and think about the many functions of this area for visitors, (café/restaurant/shop/rest areas/place of remembrance and worship/visitor centre (film room).
- They find out about the Chapter House, Deanery, Administration Offices, Works Department.
- They look at the many departments in the Cathedral (cleaning, works department, catering, human resources, finance, marketing, P.R., printing, liturgy planning, management of worship etc).
- They discuss the 'balance' that is required between the life of the Cathedral as a business and as a Christian community/Diocesan Church.
- They think about how the Cathedral seeks to serve the people of London/Britain/the world.
- Depending on availability – we will invite representatives to talk to students and answer their questions (Clerk of Works/Priest/Shop Manager/Steward/Virger).

*Please tell us what you would especially like your students to get from this visit and we will try to tailor make it to your requirements.*

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## A Cathedral at War – the Blitz on London during W.W.2



### AIM OF THE VISIT:

*This is a History and R.E. visit rolled into one and is a great way to help bring this popular subject area alive in a place that both survived the Blitz and still serves as a national venue for remembrance and reconciliation.*

### DURATION:

Allow 60 minutes for this visit and an extra 45 minutes afterwards if you wish to climb the Dome/Galleries

### KEY STAGE SUITABILITY:

This visit is adaptable for K.S. 3, 4, 5



St Paul's Fire Watch

*'The Cathedral must be saved at all costs!' this was the telephone message given to the London Fire Brigade by Sir Winston Churchill, Prime Minister during the Blitz.*

Your students will:

- Think about the effect of the Blitz on Londoners/the city.
- Consider the effects of being evacuated into the countryside as a London child.
- Imagine being a fire watcher at St Paul's night after night – a willing volunteer may wish to put on the hat/arm band and demonstrate the drill when the incendiary bombs strike the roof of St P's!
- Discover whilst walking through the great building, how and where two bombs actually fell on the Cathedral, causing havoc and destruction.
- See for themselves how the Cathedral rose from the ashes of bombed out London and became a centre of thanksgiving, celebration and remembrance at the end of the war.
- Pause for a short time of reflection and maybe light a candle as they reflect on wars/suffering that is still happening in the world today.
- Think about how the Cathedral seeks to pray for justice and peace every day and often becomes a centre for public debate and learning about these important issues.

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## Medieval Life, Faith and Worship



### AIM OF THE VISIT:

*This visit aims to enhance your teaching of History units at K.S.3 that focus on the role and impact of the medieval church on peoples' lives. They will also be invited to explore the legacy left behind from this period for the church today.*

### DURATION:

This visit lasts for 60 minutes with an extra 40 minutes if students wish to create an illuminated letter in the classroom.

You need to allow an extra 45 minutes afterwards if you would like to visit the Dome and Galleries.

### KEY STAGE SUITABILITY:

Ideal for K.S.3



Dress as a monk!



They will be invited to explore the Cathedral and will focus on:

- The medieval Cathedral church that previously stood on this site until the Great Fire of London and its importance within the city.
- The monastic way of life in medieval England – a life of discipline, prayer and service.
- Types of religious orders of monks and nuns at that time and those still in existence today in Britain.
- Habits, girdles, hoods, haircuts etc – why wear such garments? What do they symbolise?
- The layout of St Paul's today, with particular reference to the Quire with its prayer stalls/choir stalls – mirroring the traditional prayer stalls found in medieval monasteries/churches.
- The traditional style of singing and music that is still used in the Cathedral today which dates back to medieval times. Try your hand at some simple plainsong!

This visit aims to get students involved as they: model a monk's habit/vestments, take on the many different roles that were assigned to those who lived in medieval monasteries through scripted role play, try some plainsong and create an illuminated letter. There is also the added bonus of being inside this wonderful building for all these activities!

**St Paul's Cathedral  
Schools & Families  
Department**

**Telephone: 020 7246 8353**

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# Climbing the Dome

As an exciting addition to your visit you may wish to include this world famous activity! It is a great way to see both the Cathedral and the City of London from on high.



## Supervision

You will be required to escort your pupils to the *Whispering Gallery plus the external Stone and Golden Galleries*. Our staff do not accompany you on the climb. **Groups must have at least 1 adult to every 10 pupils. If you do not have enough adults prepared to climb we regret that the group will not be allowed up.**

## Be prepared!

There are over 500 shallow steps to climb. Most children of all ages climb to all areas without problems. Should anyone in your group be nervous/suffer from vertigo/mobility problems please ensure that adults are available to remain with them in the Cathedral whilst the others go up.

Please refer to the risk assessment advice in this booklet. ***If you would like to do a pre-visit familiarisation tour*** do give us a call so that we can arrange this for you.

***Due to fire regulations, we regret there is no lift available.*** The lift may only be used to enable those with special needs to access the Crypt and Cathedral floor.

***In the new 'Oculus' film room (Crypt), there is an amazing 'Virtual Climb' film that may be viewed by those who are unable to do the real thing!***

## How long will it take?

Please allow about 45 minutes for the return climb. This needs to be planned in addition to the time you have allowed for your guided visit/workshop.



Groups must have at least 1 adult to every 10 pupils. *If you do not have enough adults prepared to climb we regret that the group will not be allowed up.*

*Pupils who remain on the Cathedral floor must also be accompanied by an adult.*

Schools intending to take pupils up to the Dome and Galleries should be aware that there are over one hundred stairs to climb to the Whispering Gallery alone. Pupils and adults who suffer from breathing difficulties, such as asthma, climb these stairs at their own risk. ***St. Paul's Cathedral advises that schools obtain parental consent.***

*Teachers/leaders should make all in their groups aware, that in order to ensure the safety of all those ascending to these areas, it is not possible to turn round once climbing has commenced. Stopping on the narrow staircases will cause long queues of people behind and is dangerous.*

## Climbing the Dome Sample Parental Consent Form

I give / do not give consent for:

to climb the Dome and Galleries of St. Paul's Cathedral during the school visit on:

Either...

He/She does not suffer from any condition which would make such a climb hazardous.

Or...

He/She suffers from:

and will bring the appropriate medication on the day which will be held by a member of staff and administered if necessary.

Or...

He/She suffers from:

and must not be permitted to climb the Dome and Galleries of St. Paul's Cathedral

# Self-Guided Visits



**You may wish to book a self-guided visit.**

*Although the best way to experience this wonderful place is by booking one of our guided visit programmes.*

**Pre-booking, in advance, through this department, is essential for all self-guided visits. Please call us to book, well in advance!**

**There is a separate brochure available for self-guided visits. Please ask us for one.**

### **Cost**

There is a charge of £1.00 per pupil for self-guided visits.

### **Supervision**

*Close supervision and quiet, respectful behaviour is crucial* and the children must be divided into smaller working groups, each with an adult.

### **Keeping them focused!**

Please ensure you have a trail/activity sheet for pupils to do in the Cathedral. There are some on the website/schools pages – written materials section. Visit: [www.stpauls.co.uk](http://www.stpauls.co.uk)

## Not just for schools!

**Church/Community Groups/Sunday Clubs After School Clubs are all welcome.**

**Contact us to plan an exciting visit!**

# Risk Assessment Advice

We advise that those intending to take pupils up to the Dome and Galleries should inform parents or guardians of the risks associated with the climb and obtain parental permission to take pupils to these areas in advance of the visit.

This risk assessment advice is offered to assist teachers/leaders with planning their visit to St. Paul's Cathedral. **It is strongly recommended that the member of staff organising the visit makes a prep/familiarisation visit to the Cathedral in order to carry out their own risk assessment.** This should include the journey to and from the Cathedral. ***Risk Assessments are your responsibility, this is merely our advice to you.***

VENUE	RISK IN ORDER OF SEVERITY	EXISTING CONTROLS	LIKELIHOOD*
<b>Cathedral &amp; Crypt</b>	Risk from members of the public e.g. abduction or assault	Groups of children must be accompanied by an adult. A ratio of 1:10 is advised. Consult your own guidelines in school. Groups using public toilets in the Crypt must be accompanied by an adult.	2
	Fire	In the event of fire/alarm, Cathedral staff will direct all visitors to the nearest safe exit. Teachers are responsible for doing a roll-call of their pupils once they are in a safe place. Should any person not be accounted for, Cathedral staff should be informed immediately.	2
<b>Dome and Galleries</b>	Tripping on staircases	Staircases are minimal in length and well lit. Children should be reminded by teaching staff to take care and to look where they are walking/hold rails, keep to the right	1
	Adequate adult supervision	All school groups climbing to the Dome and Galleries are expected to have one staff member to every ten pupils. Brief helpers in advance and advise them to spread out evenly along the line. Insist on sensible, calm behaviour throughout.	
	Asthma attacks/vertigo	The climb to the Dome and Galleries is long and steep in places. Schools are advised to make this known to parents and seek medical opinion/consent in advance, if there are concerns.	2
	Tripping on staircases	School groups are advised to walk in single file and children are reminded by guides to take care. There are hand rails. Stairs from the Golden Gallery can be slippery in wet weather and teachers should tell children to take extra care in this area.	2
	Falling from a height	The barriers/railings around the galleries are tall. Stewards are positioned on each gallery and have two way radios. Children are asked to sit on the stone bench whilst in the Whispering Gallery and teachers should tell them not to lean over the barriers around any of the galleries.	1
<b>Whispering Gallery</b>	Trips on floors and single steps	Uneven floor surface due to age/texture of stone flooring. Children should be reminded to take care. Warning signs are in place. Advise them to walk carefully and to look out	2
<b>Schools Centre</b>	Risk from members of the public	The Schools Dept door is password coded and kept locked when a group is using the centre. Toilets within the centre may be used by unaccompanied children but we still advise adult supervision	1
	Fire	Cathedral staff will direct all visitors to the nearest safe exit. Teachers are responsible for doing a roll-call of their pupils once they are in a safe place. Should any person be un-accounted for, cathedral staff should be informed immediately	2

\* **Likelihood:** 1 Improbable • 2 Possible • 3 Likely • 4 Very likely • 5 Inevitable

# Guidelines for Visiting Schools

These guidelines are set out for your enjoyment and safety – please read them carefully. Please provide all accompanying adults with a copy and read through it with them in advance of your visit.

Please ensure that you plan the visit with your adult helpers, in advance so that they know what is expected of them on the day.

It is extremely helpful to us if you arrange, in advance, how your group will be divided into smaller working groups on arrival at the Cathedral. Time is precious on the day!

## Helpful reminders:

- Please telephone the Schools & Families Department if you know you are going to be late: 020 7246 8353. Booked groups who arrive *more than half an hour late* may miss their guided visit.
- **Behaviour** St. Paul's is first and foremost a place of prayer and worship. We therefore ask that all are respectful and quiet whilst in the building. *Please remind pupils about 'appropriate' behaviour before you come and re-iterate this throughout the visit.* Groups causing a disturbance will be asked to leave the Cathedral.
- **Photography is not allowed** in the Cathedral except on the external galleries. This includes camera phones. Please tell your pupils.
- *It is traditional in Christian churches for men and boys to remove their hats/caps (unless there is some medical/religious reason).*
- **Prayers are said 'on the hour'** in the Cathedral and groups are asked to respect this practice and to be still and quiet for about five minutes. You are welcome to join in with the Lord's Prayer when it is said at that time. There is a Holy Communion service at 12.30 p.m. under the Dome, so please bear this in mind if you are self-guiding at this time.
- **School staff and accompanying adults remain responsible for the welfare and behaviour of students throughout their visit to the Cathedral.** Should there be an accident/health incident, please contact a steward or a guide wearing a red sash or your schools dept. guide.
- **Please ensure that all mobile phones are turned off** whilst inside the building.



## FIRE ALARM

Please follow the instructions of your guide or the stewards if you hear this loud siren.

*There will also be an announcement telling you to evacuate the building.*

*Groups will be led out to the churchyard at the top of the North Crypt stairs (where you came in).*

*Please call a register when you assemble to ensure that all are present. It is important that you bring class lists with you.*

Please tell pupils about this before you arrive.

- Please do not allow your pupils to chew gum/eat/drink in the Cathedral.
- ***Pupils must be supervised by school staff at all times in the building.*** For groups of over 50, we ask for 1 adult:10 pupils. There must be sufficient adults available (and physically able) to escort groups up to the Dome/Galleries.

**We reserve the right to refuse access to the Dome if there are insufficient adults.**

## St Paul's is a busy place!

Please make all aware before the visit that you are coming to a famous and busy place. There will be many other tour groups and visitors exploring the building whilst you are there.

It is therefore imperative that you plan the visit carefully, brief all your adult helpers and the children themselves. We want you to have a great time with us and thorough preparation reaps benefits!

***Please support our staff and volunteers throughout.*** They will do their utmost to ensure you have a rewarding and enjoyable visit.

***REMEMBER...if you have questions about any aspects of the visit feel free to get in touch with us.***



# Frequently asked Questions

## 1 How do I get to St. Paul's?

**Tube** St. Paul's tube station is in Zone 1 on the Central Line and is less than five minutes walk, Mansion House and Bank are also all close by.

**Bus** Directly outside the Cathedral you can catch the following buses:

No. 4 Waterloo to Archway – every 20 minutes

No. 11 Liverpool St to Fulham Broadway – every 10 minutes

No. 15 East Ham to Paddington – every 8-10 minutes

No. 23 Liverpool St to Ladbrook Grove – every 15-20 minutes

No. 26 Waterloo to Hackney Wick – every 8-10 minutes

No. 100 Elephant & Castle to Shadwell – every 15 minutes

**From Newgate Street you can catch the following buses:**

No. 242 Tottenham Court Road to Homerton Hospital – every 10 minutes

No. 25 Oxford Circus to Ilford – every 7-15 minutes

**Buses from Hackney:**

Nos 26,56,242

**Coaches** A public coach park with 10 spaces is on the south side of the Cathedral. It is pay and display with a maximum stay of two hours.

## 2 What are the opening hours?

08.30 to 16.30 Monday to Saturday. Last entry is at 16.00 and last entry to the Galleries is 16.15.

## 3 Do I need to book in advance?

Yes. Well in advance please! It gets very busy

## 4 Do we pay on the day?

No, you will be invoiced by us.

## 5 Where are the toilets?

In the Crypt and in the schools centre.

## 6 Will there be any services during our visit?

12.30 Holy Communion – Access to the Dome area is restricted. The service lasts about 30 minutes.

17.00 Evensong

**NB. All visitors on the Cathedral Floor are asked to be quiet for the Lord's Prayer every hour on the hour.**

## 7 What can you see from the Dome?

The Whispering Gallery gives a view of the interior of the Cathedral, as well as providing an opportunity to try out its acoustic properties. Further up, you can see the view over London from the Stone Gallery and Golden Gallery.

## 8 Where can we eat lunch?

If you have booked with the Schools & Families Department you may be able to use the Schools Centre for lunch (groups of 60 max). There are gardens to the north, east and south of the Cathedral. If the weather is wet, it may be possible for your group to eat in the Crypt. Groups on guided visits are not charged to use the room for lunch. Self-guided groups are charged £10 per group, but priority is given to guided groups.

## 9 Is there somewhere to leave our bags during the visit?

Schools having guided tours may leave their bags in the Schools Centre. It may be possible for self-guided groups to use this facility but please contact us in advance to arrange access.

## 10 Is there a shop?

Yes. The Cathedral Crypt shop stocks a full range of postcards and gifts. **Alternatively, groups can order gift bags from the Schools & Families Department which you collect on departure. Ask for information.**

## 11 Where should we come when we arrive?

See your confirmation letter: Enter via crypt.

## 12 What facilities do you have for those with Special Needs?

The Schools Centre is wheelchair accessible, as is the Crypt and Cathedral Floor. We regret that it is not possible to take wheelchairs, or people with walking difficulties up to the galleries as there is no public lift.

**Please inform us of any special needs when you return your booking form.**

# INSET for teachers



Comments from teachers who have attended INSET at St. Paul's:

*'We had an excellent morning, I think it's the first training day with all our staff (teaching and support) where everybody thoroughly enjoyed the day... and felt they had gained something from it. We have already booked each class in for a class trip!'*

Head Teacher Primary School in Haringey

*'It had everything: inspiration for artwork, awe and wonder, shape and space for Maths, History, Religion. An excellent morning.'*

KS 3 teacher, Haringey

You may wish to use St Paul's as a base for staff training days. We welcome staff teams to our schools centre for this purpose. Our classroom is suitable for up to sixty people. It is equipped with an interactive whiteboard and projector.

Although you are conducting your own programme on the day you may wish to book an additional guided tour of the Cathedral with particular focus on how you might use it with your pupils. Our schools team will lead these tours for you. They must however be booked in advance.

**The cost to hire the centre is £150.00 +VAT for a day.**

Why not book one of our special INSET days or half days?

We will lead a workshop/activity session on R.E. topics such as:

- Visiting a place of Christian Worship
- Prayer and Spirituality
- Reflective Story Telling
- Cross Curricular themes at St Paul's
- The Spiritual Development of Children and Young People

There will also be a guided tour of the cathedral included that focuses on how to use the building with your pupils.

**The cost of this day is: £250.00 +VAT or £150.00 +VAT for a half day.**

We welcome 'cluster groups' of schools/Diocesan groups/advisers' groups/schools from different faith backgrounds and SEN schools. Twilight sessions are also a possibility.

Catering may be provided but there will be an extra charge and this would be booked in advance with our café managers Harbour & Jones.

Do contact Janet Marshall to discuss your requirements and plan a programme: [Janet@paulscathedral.org.uk](mailto:Janet@paulscathedral.org.uk)

Please telephone the Schools  
& Families Department or email  
the department administrator as  
soon as you have a date in mind, to  
check availability:

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