

Sacred Space

Family Trail

 **St PAUL'S**
CATHEDRAL

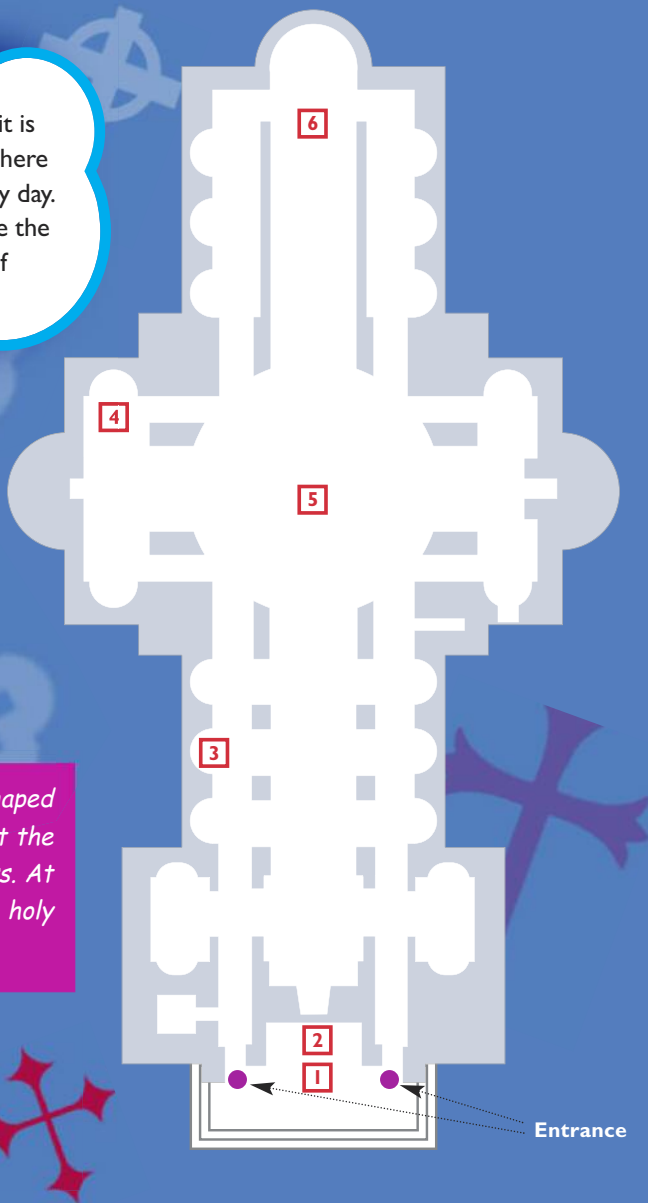


WELCOME TO ST PAUL'S CATHEDRAL

St Paul's Cathedral is a London landmark but it is also a Christian church where people worship God every day. Come with me to explore the religious symbolism of this amazing place...



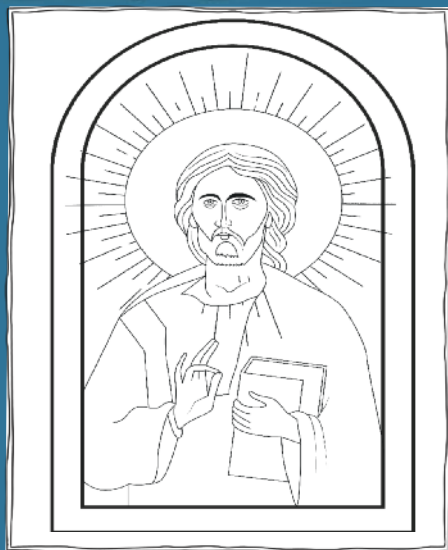
Fact File: *St Paul's Cathedral is shaped like a cross. The main entrance is at the west end at the bottom of the cross. At the top of the cross is the most holy place, the Sanctuary.*



CAN YOU... FIND ? There are lots of crosses throughout St Paul's and they come in many different sizes and styles. See how many you can find as we walk around the Cathedral.

CAN YOU... SEE? There are two icons either side of the Great West Doors. One is of Mary holding baby Jesus and the other is of Jesus Christ as a man.

Fact File: An icon is a type of painting and it uses lots of symbols. For example, can you see the circle around Jesus and Mary's heads? That is called a halo and it means that they are very holy. People use icons to help them pray.



CAN YOU... COLOUR? Colour in the icon of Jesus.



There are candles in front of the icons and you might see people lighting a candle and pausing for a moment to pray or be quiet and reflect. Maybe they are giving thanks for something or maybe they are remembering someone who has passed away.



CAN YOU... WRITE? On the candle above perhaps you could write down something you are thankful for? Maybe you would like to light a candle to give thanks, or to remember someone?

A baptismal font is used during baptisms. Have you ever been to a baptism or a christening? Perhaps you were baptised or someone in your family has been baptised?

1.

The godparents hand the baby to the priest who says a prayer.

2.

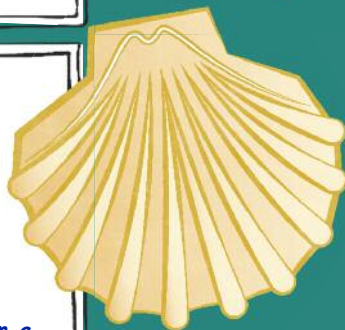
The priest baptises the baby by pouring water on its forehead.

3.

The priest anoints the baby by making a cross on its forehead with oil.

4.

The godparents are given a baptismal candle for the baby.

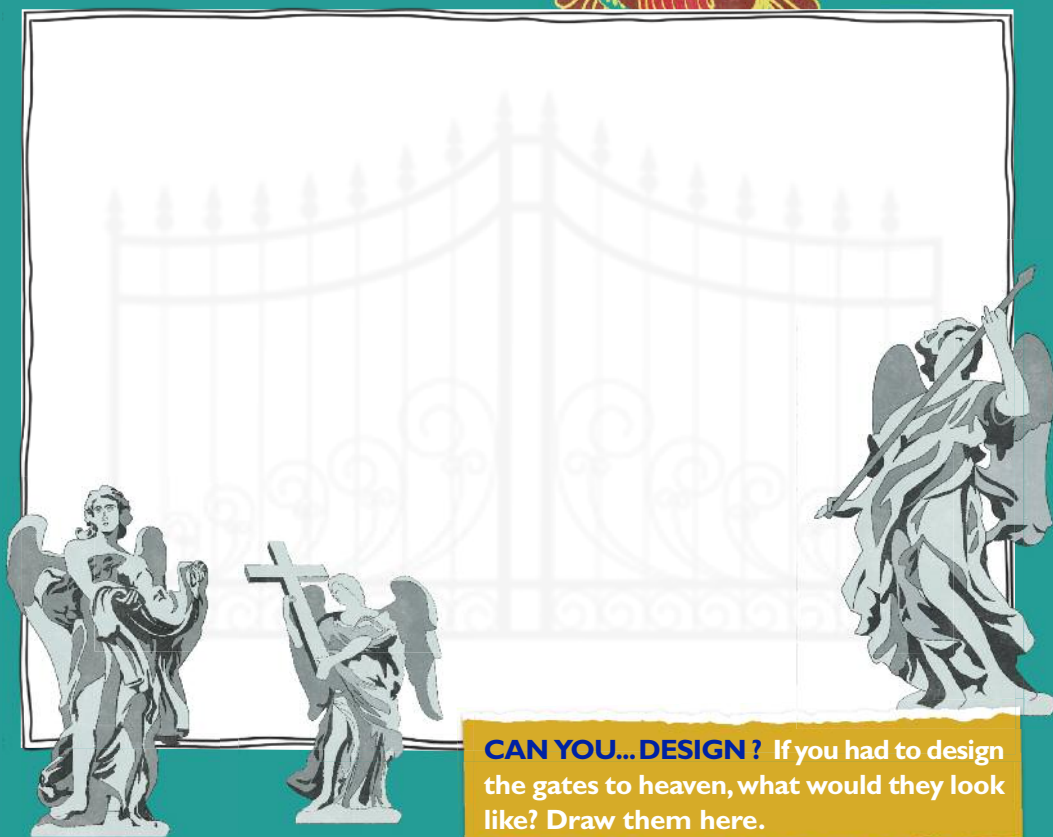


CANYOU...DRAW? Draw diagrams of the various things that happen during a baptism.

Fact File: A baptism is when someone is welcomed into the church community. Parents thank God for the gift of life and make a decision to start their child on a journey of faith. Godparents promise help and support. The church also promises to welcome the child and to pray for the family.



A memorial is built in memory of someone.
The gates on this memorial represent or symbolise the gates to heaven. On either side of the gates are angels. What are the angels doing? Why do you think they are holding a sword and a trumpet?



CAN YOU...DESIGN? If you had to design the gates to heaven, what would they look like? Draw them here.

CAN YOU...COMPLETE? Look at the inscription at the top of the gates and complete the sentence. *Through the gates of death*

4 CHAPEL OF ST ETHELBURGA AND ST ERKENWALD



People come to this small chapel to light candles, to be quiet and to pray. In front of the painting there is an altar. This is where Holy Communion is celebrated. There are lots more altars inside St Paul's. See how many you can find. (Clue: some are in the Crypt).

CAN YOU... FIND ? On the wall near the altar there is a wooden plaque with a carving of birds on it. Around the birds are more carvings. Can you see the wheat and the grapes? What do you think the wheat and grapes represent?

Draw the wooden plaque here. You could draw the whole thing or maybe a detail that you really like.

Fact File: The Bible tells us that before Jesus died he ate a meal with his closest friends. During the meal he broke bread (made from wheat) and said: "This is my body broken for you. Eat this in remembrance of me." He gave them red wine (made from grapes) and said: "This is my blood shed for you. Drink this in remembrance of me." Every day, all over the world, Christians go to church and eat bread and drink wine in memory of Jesus. This is called *Holy Communion*.

5 THE DOME

Stand in the middle of the Dome,
and look around you. Look up above your
head. Look down around your feet. What do
you see? What words would you use to
describe what you see?

Close your eyes. What do you hear?
What words would you use to describe
what you feel?



GOLD or
WHITE
Easter &
Christmas

RED
Pentecost

GREEN
Ordinary time

Altar cloth
colours

Fact File: Can you see the altar under the Dome? This is where Holy Communion is celebrated every day. The altar has a coloured cloth on it. This altar cloth changes depending on what time of year it is.

CAN YOU... SEE ? What colour is the altar cloth today?

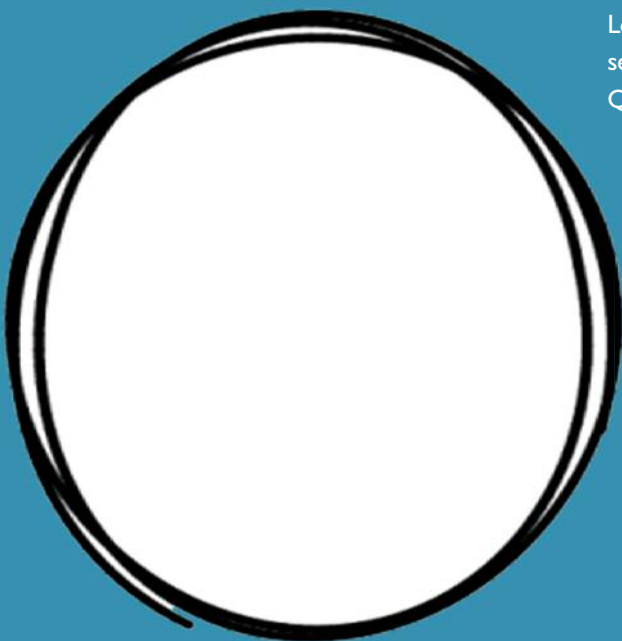
Golden gates lead to the most sacred and special part of the whole Cathedral - the Sanctuary. On the outside of the gates are all the Old Testament prophets and on the inside are all the New Testament saints. Have a look at the gates at both ends of the Sanctuary.



CANYOU...FIND ?: What is Joel holding?
 What is Matthew thinking about?
 What is Ezekiel writing?
 What is Simon reading?
 What is Nahum looking at?

Look up at the ceiling mosaics. What can you see? Look at the three circle mosaics in the Quire. They are telling the story of creation.

Fact File: The Christian Bible is made up of 66 books. 39 of them form the Old Testament which is also known as the Hebrew Scriptures and is the holy book for the Jewish faith. The remaining 27 make up the New Testament.



CAN YOU...DRAW ? There are all kinds of animals in the mosaics. What animals can you see? Draw a detail from one of the mosaics in the circle above.

*How many different crosses did you find?
Draw your favourite one here.*



Below are examples of symbols you may want to use in your chasuble design.

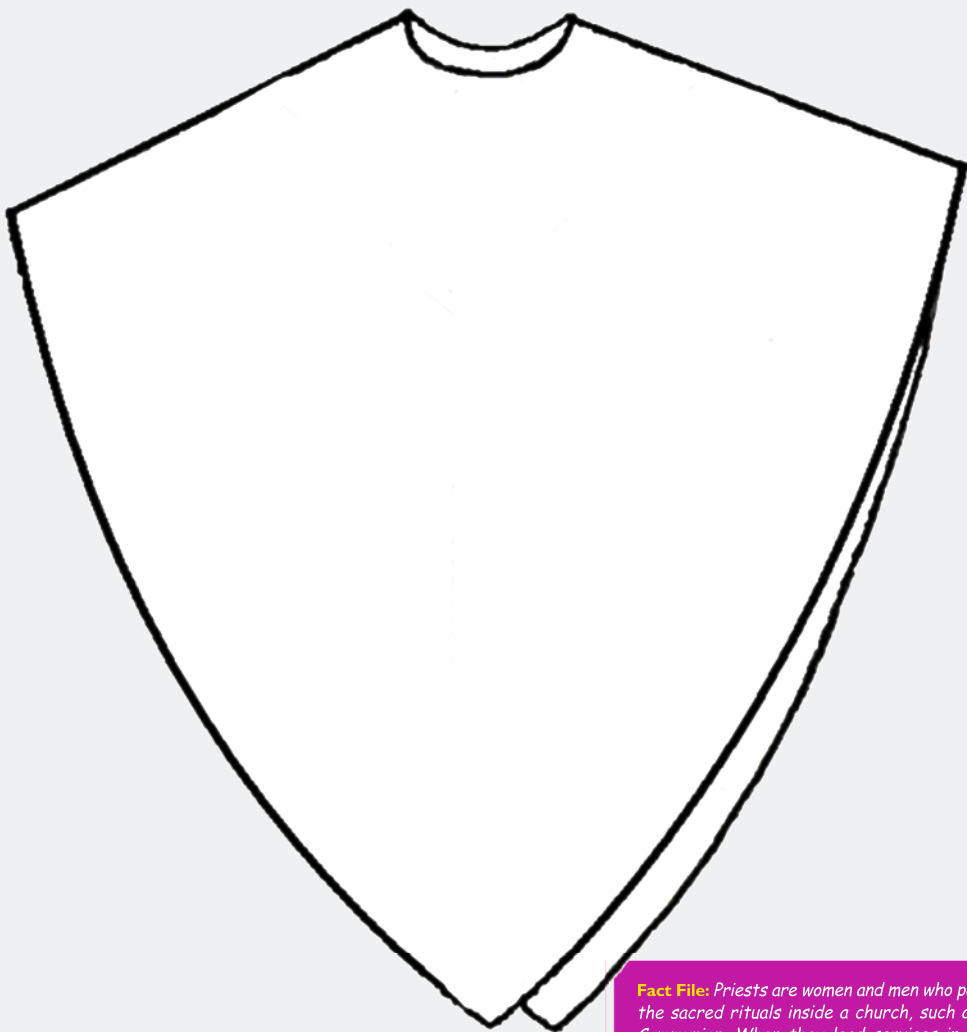




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CAN YOU DESIGN A CHASUBLE ?

Use the examples to help you.



Fact File: Priests are women and men who perform the sacred rituals inside a church, such as Holy Communion. When they lead services in church they wear special clothes called vestments. There are different kinds of vestments, and they change colour depending on the time of the year. On this page you can see lots of examples of a vestment called a chasuble, a kind of tunic.



WIN

A FREE TRIP TO ST PAUL'S CATHEDRAL

COMPETITION

Why don't you take a photograph
of your design and send it to us via email:
schoolsandfamilies@stpaulscathedral.org.uk
or twitter: **@stpaulsedu** and it will be entered into a
competition. You could win a free trip for your class!

**Don't forget to include a name, an address
and a telephone number so we
can contact you!**



**The QR code will take you to
the St Paul's website where you
can find more information.**

Design: Andy Greetham - www.practicaldreamers.co.uk
Illustration: Richard Corrigan - www.dogeatcog.co.uk

**Show your
trail to someone
in the shop and
get a free
St Paul's
sticker!**

